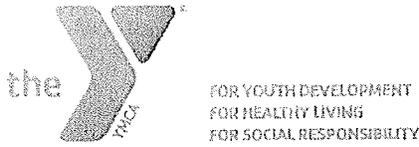


Hinesburg

Erving



COMMUNITY HEALTHY LIVING INDEX

COMMUNITY-AT-LARGE ASSESSMENT

II. Programs, Physical Environment, Promotion, and Policy

The CHLI assessment process is not a measure of success or failure but rather an important part of developing a plan for improvement in your community. Please be candid and accurate as you answer the questions below.

A. GENERAL PRACTICES IN SUPPORT OF HEALTHY LIVING

1. The community has a partnership, coalition, or advisory board (led by a municipal or county department, not-for-profit organization, etc.) on physical activity and healthy eating.

	Yes, for both physical activity and healthy eating	Yes, physical activity only	Yes, healthy eating only	No
	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you chose any of the Yes responses in question 1, answer questions 1.a-1.e.24 If you chose No, skip to question 2. The partnership, coalition, or advisory board does the following:

	Yes	In development	No
1.a. Works to increase access to opportunities for healthy living	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.b. Promotes policies to increase healthy living opportunities	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.c. Develops and implements action plans to increase opportunities for healthy living	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.d. Works across multiple agencies and organizations	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

1.e. Includes representatives from the following professions/areas of expertise (i.e., at least one person from that discipline attends most meetings):

	Yes	In development	No
1.e.1. Public health department	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.e.2. Health care system (e.g., insurers, hospitals, clinics, doctor's or practitioner's offices)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
1.e.3. Nutrition experts (e.g., dieticians, nutritionists, school nutrition directors)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.4. Other medical experts (e.g., dentists, physicians, nurses)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.5. Health volunteers (e.g., American Hospital Association, American Diabetes Association, American Cancer Society)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.6. Planning (e.g., city, regional, or rural planning authority; smart-growth or land-use experts, etc.)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
1.e.7. Transportation department or group	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.8. Parks and recreation department	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.e.9. Health and wellness centers (e.g., YMCAs)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.10. Universities or colleges	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.11. Local government (e.g., policy makers, city council)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

	Yes	In development	No
1.e.12. School officials	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.13. Business leaders	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.e.14. Faith communities	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.15. Local media	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.e.16. Land developers	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.17. Law enforcement	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.18. Housing or real estate	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.19. Not-for-profit advocacy, anti-hunger organizations, or activity groups (e.g., food banks, advocates for pedestrian and bike trails, Sierra Club chapters, gardening groups)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.e.20. Community activists or non-agency-affiliated volunteers/citizens	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
1.e.21. Cooperative extension	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.22. Food policy council	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.23. Farmers markets or farmers	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
1.e.24. Organizations representing individuals at high risk for chronic disease or disadvantaged groups (e.g., racial or ethnic minorities, persons with disabilities, older adults)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

2. Programs and activities (e.g., walking, biking, or other physical activity events, networks, or groups) that support physical activity are offered in neighborhood venues throughout the community.

Yes, everywhere/ almost everywhere 81%-100%	Yes, usually 61%-80%	Yes, about half the neighborhoods 41%-60%	Yes, some neighborhoods 21%-40%	No, rarely/ nowhere 0%-20%
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

If you chose any of the Yes responses in question 2, answer questions 2.a and 2.b. If you chose No, rarely/nowhere, skip to question 3.

2.a. A wide variety of venues in the community organize, promote, or provide space for physical activity programming in the community. (These venues might include churches/faith-based community centers, schools, child care centers, hospitals or health care facilities, health/wellness/recreation centers, and local parks).

Six or more venues	Four - Five venues	Two - Three venues	One venue	No venues
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2.b. Physical activity programs/activities in the community make provisions (e.g., scholarships, financial aid) for people with limited resources (e.g., low-income families, children and/or older adults, people with disabilities) to gain access.

Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Programs and activities that support healthy eating (e.g., healthy cooking clubs, educational gardens, farmers markets, agricultural programs such as Farm to School) are offered in neighborhood venues throughout the community.

Yes, everywhere/ almost everywhere 81%-100%	Yes, usually 61%-80%	Yes, about half the neighborhoods 41%-60%	Yes, some neighborhoods 21%-40%	No, rarely/ nowhere 0%-20%
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you chose any of the Yes responses in question 3, answer questions 3.a and 3.b. If you chose No, rarely/never, skip to question 4.

3.a. A wide variety of venues organize, promote, or provide space for healthy eating programs/activities in the community (These venues might include churches/faith-based community centers, schools, child care centers, hospitals or health care facilities, health/wellness/recreation centers, local parks, restaurants and grocery stores.)

Six or more venues	Four - Five venues	Two - Three venues	One venue	No venues
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3.b. Community healthy eating programs and activities make provisions (e.g., scholarships, financial aid) for people with limited resources (e.g., low-income families, children and/or older adults, people with disabilities) to gain access.

Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Community-wide promotions or communication efforts encourage healthy living (i.e., physical activity and/or healthy eating) through promotional materials, educational events, and/or an inventory of opportunities for physical activity and healthy eating.

Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

5. The community has conducted a community audit (e.g., walkability audit) to assess the current environment for walking, biking, and public transportation

Yes	In development	No
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. The community has conducted a community audit to assess the current environment for healthy food and eating.

Yes	In development	No
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

7. Federal food assistance program resources (e.g., Food Stamp Program; School Breakfast Program; National School Lunch Program; Child and Adult Care Food Program; Women, Infants, and Children [WIC]; food banks) are available in the community to ensure food security.

Yes, everywhere/ almost everywhere 81%-100%	Yes, usually 61%-80%	Yes, about half the neighborhoods 41%-60%	Yes, some neighborhoods 21%-40%	No, rarely/ nowhere 0%-20%
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you chose any of the Yes responses in question 7, answer question 7.a. If you chose No, rarely/nowhere skip to question 8.

7.a. Community residents who are eligible for federal food assistance programs are using them.

Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. The community and/or local government has written guidelines or rules or policies that support the following:

	Yes	In development	No
8.a. A partnership, coalition, or advisory board to address physical activity	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.a. A partnership, coalition, or advisory board to address healthy eating	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
8.c. Multiple/regular community education and promotion activities and programs in support of physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.d. Multiple/regular community education and promotion activities and programs in support of healthy eating	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

9. The community has funding to support the following:

	Yes, covers all/most costs 81% - 100%	Yes, usually covers costs 61% - 80%	Yes, covers half the costs 41% - 60%	Yes, covers some costs 21% - 40%	No, rarely/ never covers costs 0% - 20%
9.a. A partnership or coalition to address physical activity or healthy eating	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Yes, covers all/most costs 81% - 100%	Yes, usually covers costs 61% - 80%	Yes, covers half the costs 41% - 60%	Yes, covers some costs 21% - 40%	No, rarely/never covers costs 0% - 20%
9.b. Multiple/regular community education and promotion activities/programs in support of physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.c. Multiple/regular community education and promotion activities/programs in support of healthy eating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
9.d. Farmers markets and community gardens	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. The community and/or local government has dedicated full- or part-time staff who are responsible for suggesting and overseeing improvements to make healthy living more plausible. (These improvements might include providing and/or increasing bike racks; installing and/or repairing sidewalks and bike lanes; building or enhancing park trails; shared trails/paths /greenways; and increasing availability and accessibility of healthy food and beverages through community stores, new grocery stores, gardens, and farmers markets).

Yes	In development	No
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

11. In the past five years, the community has raised funds (e.g., passed bonds, allocated funds) to finance the building or the enhancement of the following:

	Yes, covers all/most costs 81% - 100%	Yes, usually covers costs 61% - 80%	Yes, covers half the costs 41% - 60%	Yes, covers some costs 21% - 40%	No, rarely/never covers costs 0% - 20%
11.a. Public-use exercise facilities (e.g., shared-use paths or trails)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11.b. Pedestrian and/or bicycle enhancements (e.g., sidewalks, crosswalks, bike lanes)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Rate your confidence in your answers for this section (II.A):

Very high	High	Medium	Low	Very low
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

B. COMMUNITY DESIGN IN SUPPORT OF HEALTHY LIVING

1. The community is redeveloping existing roads to accommodate walking and bicycling.

Everywhere/ almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

2. Walking routes (e.g., sidewalks and trails) and biking routes in the community are accessible to people with disabilities and are in compliance with Americans with Disabilities Act (ADA) requirements in the following ways:*

	Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
2.a. Routes are mostly flat with no significant dips or inclines.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2.b. Routes are smooth with no significant level changes, breaks or gaps.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2.c. There are smooth transitions (e.g., curb cuts or ramps) from the routes to the streets.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
2.d. Routes are free of major impassable features (e.g., mailboxes, light poles, or trees).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

3. New developments (e.g. housing, subdivisions, commercial) and street infrastructure enhancements include sidewalks, bike lanes, and recreational and/or open spaces.

Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Zoning regulations support mixed land use (i.e., mixing of residential and commercial land uses in the same area).

Yes	In development	No
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

***Questions in this assessment do not cover all issues of design, the physical environment, and accessibility. Additional information is available from the Access Board, an independent federal agency devoted to accessibility for people with disabilities. The board provides technical assistance and training on accessible design. Especially helpful is *Accessible Rights-of-Way: A Design Guide*, which is available through the Access Board's Web site. For more information, visit www.access-board.gov or call their technical assistance line at 800-872-2253.**

5. School sites have walking and biking infrastructure so the majority of students can walk and/or bike to school.

Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

6. Steps are being taken to correct hazards or improve conditions around major barriers (e.g., freeways, railroad lines, rivers) that make it hard to safely walk or bike from place to place in the community.

Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

7. Food stores and restaurants in the community that offer healthy foods and menu options (e.g., fresh produce, whole grain products, nonfat and low-fat dairy products, moderate portions, shared entrées) are easily accessible by foot, bike, and/or public transportation.

Note: Food stores are stores that predominantly sell food, including grocery stores, supermarkets, ethnic and specialized markets, some corner stores, and some convenience stores.

Everywhere/ almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

8. The community and/or local government has written guidelines or rules or policies related to the following:

	Yes	In development	No
8.a. Safe walking and biking routes/networks, including Safe Routes to School (SRTS).	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
8.b. Requirements for new developments to support physical activity (e.g., through a comprehensive land-use plan, master plan, park and/or recreation plan, or non-motorized transportation plan that directly addresses increasing opportunities for physical activity).	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.c. Requirements or incentives to enhance access to healthy foods (e.g., policies regarding the location of restaurants and grocery stores, space for farmers markets and community gardens, incentives for stores to locate in neighborhoods).	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
8.d. Use of land (such as through a comprehensive land-use plan) that supports increased opportunities for physical activity.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

9. The community has funding to support the following:

	Covers all/most costs 81% - 100%	Usually covers costs 61% - 80%	Covers half the costs 41% - 60%	Covers some costs 21% - 40%	Rarely/never covers costs 0% - 20%
9.a. Safe walking and biking routes/networks (including Safe Routes to School) in the community	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.b. New building developments that encourage physical activity in the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

	Covers all/most costs 81% - 100%	Usually covers costs 61% - 80%	Covers half the costs 41% - 60%	Covers some costs 21% - 40%	Rarely/never covers costs 0% - 20%
9.c. Enhancing access to resources that provide healthy foods (e.g., grocery stores, restaurants, farmers markets, community gardens) in the community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

Rate your confidence in your answers for this section (II.B):

	Very high	High	Medium	Low	Very low
	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

C. PHYSICAL ENVIRONMENT RELATED TO PHYSICAL ACTIVITY

1. The community has a network of unobstructed, well-maintained, and level sidewalks and pathways, including in the downtown area and shopping centers, that allow the following:

	Everywhere/ almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
1.a. Walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
1.b. Biking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

2. Public and/or private parks are available and convenient to people of all income levels in the community.

	Everywhere/ almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. People who walk and bike in the community feel safe and unlikely to become victims of crime.

	Everywhere/ almost everywhere 81%-100%	Usually 61%-80%	About half the neighborhoods 41%-60%	Some neighborhoods 21%-40%	Rarely/nowhere 0%-20%
	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. The community offers a variety of free or low-cost publicly available facilities/areas that allow opportunities for physical activity, such as:

	Everywhere/ almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
4.a. Swimming pools	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
4.b. Basketball courts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.c. Baseball/softball fields	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.d. Soccer/football/lacrosse fields	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.e. Tennis courts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.f. Health/wellness/recreation centers (e.g., community centers, JCCs, YMCAs)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.g. Golf courses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.h. Facilities open for walkers during off hours (e.g., shopping malls, local schools)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.i. Playgrounds with play structures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.j. Parks (e.g., nature, skateboard, pocket, pet, water, or garden parks)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.k. Water, snow, and ice sport areas (e.g., ski slopes, bathing arenas, ice rinks)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. The majority of these publicly available facilities/areas (listed in 4.a.-4.j.) are fully utilized by residents of all income levels in the community

	Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%

Always/ almost always 81%-100%	Usually 61%-80%	About half the time 41%-60%	Sometimes 21%-40%	Rarely/never 0%-20%
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. The majority of these publicly available facilities (listed in 4.a.-4.j.) are open throughout the year.

All/almost all of the year 10-12 months	Most of the year 7-9 months	About half the year 5-6 months	Some of the year 2-4 months	Rarely/less than 2 months a year
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Rate your confidence in your answers for this section (II.C):

Very high	High	Medium	Low	Very low
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

D. PHYSICAL ENVIRONMENT RELATED TO FOOD/NUTRITION

1. Food stores in the community carry a variety of fresh vegetables and fruits of acceptable quality. [Choose N/A if there are no grocery stores or supermarkets in the community]

Note: Food stores are stores that predominantly sell food, including grocery stores, supermarkets, ethnic and specialized markets, some corner stores, and some convenience stores.

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%	N/A
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. In addition to local food stores and supermarkets, vegetables and fruits are available from alternative sources in the community, such as farmers markets, roadside vegetable and fruit stands, farm stands, and community gardens.

Yes, everywhere/ almost everywhere 81%-100%	Yes, usually 61%-80%	Yes, about half the neighborhoods 41%-60%	Yes, some neighborhoods 21%-40%	No, rarely/ nowhere 0%-20%
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you chose any of the Yes responses to question 2, answer question 2.a. If you chose No, rarely/nowhere, skip to question 3.

2.a. Vegetables and fruits from alternative sources are available at comparable prices.

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Low-fat products (e.g., such as low-fat milk or lean meats) are readily available in local food stores and supermarkets in the community.

[Choose N/A if there are no food stores in the community]

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%	N/A
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Whole-grain products are readily available in local food stores and supermarkets in the community. Note: Check the ingredients list to determine if a product contains whole grains. One easy way of identifying whole grains is to look for the word *whole* as in *whole wheat* or *whole oats*. In contrast, common examples of ingredients that are not definite whole-grain options may include wheat flour or enriched flour.

[Choose N/A if there are no food stores in the community.]

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%	N/A
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. Local food stores and supermarkets promote healthy eating by providing price incentives (e.g., coupons, low-price promotions) for healthy foods and drinks (e.g., vegetables, fruits, water, low-fat milk), and/or using promotional displays and signage to promote healthy foods.
 [Choose N/A if there are no food stores in the community]

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%	N/A
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Restaurants in the community promote healthy eating by providing nutrition information on the menu, identifying healthy menu options, serving moderate portions, and/or highlighting healthy foods.
 [Choose N/A if there are no restaurants in the community.]

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

7. Public facilities in the community (e.g., schools, parks, libraries) have functioning water fountains that are overseen by city or local government to ensure their upkeep and the safety of the water supply.
 [Choose N/A if there are no public facilities in the community.]

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

8. If vending/concessions are available at community parks, healthy food and beverage options are provided.
 [Choose N/A if there are no vending/concessions at community parks]

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the neighborhoods 41%-60%	Some neighborhoods 21%-40%	Rarely/nowhere 0%-20%	N/A
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. Community parks offer on-site gardens and/or farmers markets.
 [Please choose N/A if there are no community parks.]

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. The community and/or local government has written guidelines or rules or policies related to the following areas:

	Yes	In development	No
10.a. Providing easy access to healthy foods (e.g., vegetables, fruits, low-fat products, whole grain products)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
10.b. Offering support for agricultural programs for healthy eating (e.g., farmers markets, community gardens, Farm to School programs.)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
10.c. Encouraging restaurants to provide nutrition labeling and moderate portions	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
10.d. Ensuring that healthy food and beverages are the predominant options served and vended at government sites, libraries, parks, and recreation centers.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
10.e. Providing space for farmers markets and community gardens.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
10.f. Ensuring that predominantly healthy foods and beverages are served at government meetings, events, and conferences.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

11. The community has funds to provide direct material support for the following:

	Yes, covers all/most costs 81% - 100%	Yes, usually covers costs 61% - 80%	Yes, covers half the costs 41% - 60%	Yes, covers some costs 21% - 40%	No, rarely/never covers costs 0% - 20%
11.a. Increased availability of and access to healthy foods (e.g., vegetables, fruits, low-fat products, whole grain products)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

	Yes, covers all/most costs 81% - 100%	Yes, usually covers costs 61% - 80%	Yes, covers half the costs 41% - 60%	Yes, covers some costs 21% - 40%	No, rarely/never covers costs 0% - 20%
11.b. Agricultural programs for healthy eating (e.g., Farm to School programs)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11.c. Campaigns promoting healthy eating and nutrition.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
11.d. Food programs for low-income children in schools and before- and after school settings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11.e. Low-cost or free vegetable and fruit snack programs in schools and before- and after school settings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Rate your confidence in your answers for this section (II.D):

Very high	High	Medium	Low	Very low
<input type="radio"/>				

E. PUBLIC TRANSPORTATION IN SUPPORT OF HEALTHY LIVING

1. The community has a public transportation system (e.g., buses, rail system) that provides access to major employers, medical facilities, schools, physical activity/recreation facilities, and retail areas, including stores/resources for healthy food. (For a small town, this could consist of programs such as Dial-a-Ride or a medical transportation system.)

Yes, everywhere/almost everywhere 81%-100%	Yes, usually 61%-80%	Yes, about half the neighborhoods 41%-60%	Yes, some neighborhoods 21%-40%	No, rarely/nowhere 0%-20%
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you chose any of the Yes responses in question 1, answer questions 1.a and 1.b. If you chose No, rarely/nowhere, skip to question 2.

1.a. The community's public transportation system serves all areas of the community with sufficient frequency to make it a realistic option for regular commuting to work and local destinations.

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

1.b. To facilitate public transportation use, public transportation stops can be reached easily by walking or biking, and/or from park-and-ride lots.

Everywhere/almost everywhere 81%-100%	Usually 61%-80%	About half the places 41%-60%	Some places 21%-40%	Rarely/nowhere 0%-20%
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. One or more local groups in the community work with transportation officials to improve public transit options (e.g., public transportation, walking, biking) to physical/recreation facilities, supermarkets, farmers markets, community gardens, or other food outlets.

Yes	In development	No
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. The community and/or local government has written guidelines or rules or policies related to the following:

	Yes	In development	No
3.a. A public transportation system (e.g., buses, rail system)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
3.b. Transportation programs to improve access to physical/recreation facilities, supermarkets, farmers markets, and community gardens	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

4. The community and/or local government has funding for the following:

	Yes, covers all/most costs 81% - 100%	Yes, usually covers costs 61% - 80%	Yes, covers half the costs 41% - 60%	Yes, covers some costs 21% - 40%	No, rarely/never covers costs 0% - 20%
4.a. A public transportation system (e.g., buses, rail system)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
4.b. Transportation programs to improve access to physical/recreation facilities, supermarkets, farmers markets, and community gardens	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

Rate your confidence in your answers for this section (II.E):

Very high	High	Medium	Low	Very low
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

F. PRIMARY HEALTH CARE PROVIDERS/INSURERS

1. Primary health care providers in the community define and treat obesity as a disease and include appropriate counseling in medical care, including referrals for nutrition services and exercise physiologists as needed.

All/almost all 81% - 100%	Most 61% - 80%	About half 41% - 60%	Some 21% - 40%	Few to none 0% - 20%
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Primary health care providers support healthy lifestyles by assessing physical activity and dietary intake as part of a written checklist/screening and include regular physician communication/counseling about the importance of these health behaviors during all office visits.

All/almost all 81% - 100%	Most 61% - 80%	About half 41% - 60%	Some 21% - 40%	Few to none 0% - 20%
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Primary health care providers maintain a comprehensive, continuous, and reliable system for monitoring patients' body mass index, lifestyle-related chronic diseases, nutrition, and physical activity behaviors.

All/almost all 81% - 100%	Most 61% - 80%	About half 41% - 60%	Some 21% - 40%	Few to none 0% - 20%
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Primary health care providers work with insurance companies to offer coverage for preventive services, including nutrition counseling and physical activity programming.

All/almost all 81% - 100%	Most 61% - 80%	About half 41% - 60%	Some 21% - 40%	Few to none 0% - 20%
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Rate your confidence in your answers for this section (II.F):

Very high	High	Medium	Low	Very low
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

G. LOCAL MEDIA

1. Local media (e.g., newspapers, radio, and/or TV) cover stories, reports, and/or educational programs that support healthy living (e.g., physical activity, healthy eating, healthy weight, or initiatives at local schools or work sites to promote good health).

Daily	Weekly	Monthly	A few times a year	Never
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

2. Healthy eating is presented in the local media in both content and advertising by using positive role models to encourage healthy choices.

Daily	Weekly	Monthly	A few times a year	Never
<input type="radio"/>				

Daily	Weekly	Monthly	A few times a year	Never
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

3. Physical activity is presented in the local media in both content and advertising by using positive role models to encourage healthy choices.

Daily	Weekly	Monthly	A few times a year	Never
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Rate your confidence in your answers for this section (II.G):

Very high	High	Medium	Low	Very low
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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